Figure 1 – Flow Chart

Studies included for elegibility n=8

Records identified through literature database searching n=602

* Pubmed n=219
* Cochrane n=383

Duplicated articles removed n=278

Records screened on the basis of the title and abstract n=324

Records excluded n= 225

* no or inadequate intervention n=89
* no population eligibility criteria n = 83
* no control group n = 25
* abstract/congress poster n = 13
* outcome not interest n = 15

Records included and screened by full-text n = 99

Records excluded n = 91

* no or inadequate intervention n= 29
* no population eligibility criteria n= 29
* no or inadequate control group n= 7
* Pilot study n= 11
* No results n = 8
* Outcome not interest n= 7

Identification

Screening

Eligibility

Included