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| Years of smoking  |
| CO exhaled at the first medical examination |
| Working condition (unemployed/retired; employed) |
| Fagerström Test score |
| Gender (female versus male) |
| Marital status (single; married/cohabiting) |
| Educational qualification (low; high) |
| Months of course attendance |
| **Table 2. Risk factors for quitting smoking habits at 12 months (univariate logistic regression model); \*p<0.05; \*\*p<0.01.** |